

# IS SALBA THE "PERFECT" FUNCTIONAL FOOD?

Salba is a dynamic whole grain with a complete balance of vital nutrients, vitamins, and minerals - it blows other "super foods" out of the water.

**8X MORE**

Omega-3s  
Than Salmon †



**25% MORE**

Fiber Than  
Flax Seed †



**6X MORE**

Calcium Than  
Whole Milk †



**2X MORE**

Potassium Than  
Bananas †



**70% MORE**

Vegetable Protein  
Than Soy Beans †



**15X MORE**

Magnesium  
Than Broccoli †



**30% MORE**

Antioxidants Than  
Blueberries †



## **PLUS:**

6x More Iron Than Kidney Beans  
15% More Fiber Than All Bran

5x More Iron Than Spinach  
4x More Protein Than Kidney Beans